

# APOSTC Firearms Instructor Development Course



## FIDC 1 - Coaching & Marksmanship

This course is designed to improve a firearm instructor's ability to develop a shooter's marksmanship potential.

While many concepts can be carried over to other weapon systems, this course focuses on the duty pistol.

### Course topics include:

- How the brain functions when learning and developing skills
- Practice methods that maximize performance
- Applying the field of Performance Science to law enforcement firearms training
- Coaching techniques and strategies, to include providing feedback
- Developing basic abilities in finger/hand dexterity and vision skills
- A principle-based approach to marksmanship fundamentals
- A shooter-friendly framework for developing marksmanship skills
- Effective dry practice principles
- Diagnosing and prioritizing marksmanship errors
- A new brain-based approach to target analysis

**Note: See second page for course information.**



**When:** April 28 & 29, 2025

**Time:** 8AM - 5PM

**Cost:** Free/Sponsored by  
Porch Creek Indians

**Where:** Jefferson Co Sheriff's Range  
3500 Happy Hollow Rd.  
Fultondale, AL 35068

**PLEASE NOTE: While shooting does occur, this course is not a "shooting" course. It is an instructor development course. Both days focus on instructional skills, with time being split between classroom and range activities.**

**\*\*\*\*\*Pre-requisite\*\*\*\*\***

**All students must be either FBI,  
NRA, or FLETC Certified  
Firearms Instructors**

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### STUDENT EQUIPMENT

- Duty Gear
  - o Duty Holster & Magazine Pouches. NO floppy unsecured holsters.
- Duty Pistol with four (4) magazines (minimum)
- 500 pistol rounds
- Binoculars
- HUDL Techniques App (free) downloaded on phone
  - o Or similar slow-motion video app
- Eye Protection
- Hearing Protection
- Cap with bill
- Sunscreen, Drinks, Snacks, etc.

### Course Contact:

Brian Staude  
bstaude@jsu.edu  
(256) 782-5318

### Location Site Contact:

Tim Pugh  
pught@jccal.org  
(205) 849-5246

### Hotel Recommendations:

Fairfield Inn & Suites  
Birmingham/Fultondale  
1795 Morris Ave  
Fultondale, AL 35068  
(205) 849-8484