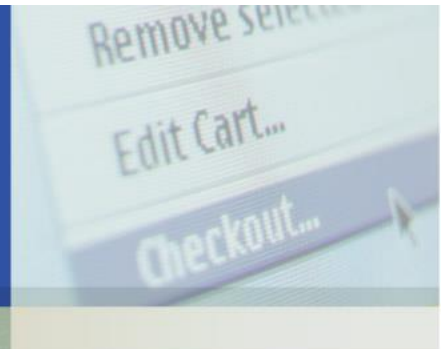


MONEY MATTERS



HELPFUL SITES

- **Was your work impacted?** Stay on top of the latest unemployment and paid leave initiatives by visiting your state website, dol.gov or careeronestop.org
- **Got Creditors?** Many lenders have instated programs to help. Some student loans have waived interest during this time. Contact them directly and visit consumerfinance.gov for tips on how to take action.
- **Worried about scams?** From robocalls to online sellers, ftc.gov maintains a list of known scams and provide tips to avoid them.

The Coronavirus pandemic is affecting the finances of people around the country. Some might be facing layoffs or reduced hours. Shelter in Place orders have caused an increase in expenses as people buy necessities or use more utilities at home. It is important to know that there are many resources to help mind your money during trying times.

Your Employee Assistance Program offers a website containing financial calculators, webinars and articles with helpful information. You can also access one free financial consultation via the 800 number below, with additional sessions at a discounted rate. All calls are confidential.

TOLL-FREE: **800-847-7240**
WEBSITE: **www.my-life-resource.com**
USERNAME: **hmsa** • PASSWORD: **myresource**