

# College of Health Professions and Wellness

FALL 2022

## JSU College of Health Professions Welcomes Students Back for Fall '22

After a long, and hopefully enjoyable summer, the JSU College of Health Professions and Wellness welcomes students back to campus for an exciting year. It is our goal to provide each of our students a quality learning experience that will make a difference in your lives! Welcome Home, You are part of the Gamecock family!



### INSIDE THIS ISSUE

Message from the Dean	2
CHPW Director of Collaborative Affairs Announces Retirement	2
Master's in Athletic Training Graduates First Cohort	3
JSU Nursing New Faculty	3
Respiratory Therapy Director Nominated to Serve on State Board	4
JSU Kinesiology Adds E-Sports Minor	4
Pickleball Offers Fun and Healthy Activity	5
JSU Exercise Science Adds Latest in Technology	6

## JSU Nursing Students Spend Summer Serving and Learning

This summer, JSU Nursing faculty and students participated in a service-learning opportunity in collaboration with Camp Seale Harris. JSU students along with an interdisciplinary team from various locations across the state provided medical care for children living with diabetes to enjoy a fun filled week at camp.



Founded in 1949, Camp Seale Harris has provided medically supervised camp experiences for thousands of youth with diabetes. In reciprocal, the service experience allowed the BSN student's hands-on opportunities to gain knowledge and self-efficacy in the provision of care for patients with diabetes.

### Follow us on Facebook

@JSUHealthProfessionsandWellness



### Find Us on Our New LinkedIn Page!

JSU College of Health Professions and Wellness



## Message from the Dean: Tracey D. Matthews

Dear Alumni and Friends:

This issue of the College of Health Professions and Wellness newsletter will provide several updates including faculty scholarship, student recognitions, and facility updates. We continue to have a very healthy enrollment in all our programs, and we are looking forward to new programs in the not-so-distant future. We are happy to report that the Board of Trustees approved two new programs, Bachelor of Public Health, and Master of Public Health, that will strengthen our Health Professions academic



portfolio. Stay tuned for more details on the roll out of these programs. We have added a new minor, E-sports. This is a growing field, and we anticipate much interest in individuals who want to work in the E-sport industry.

**“...we are looking forward to new programs in the not-so-distant future”.**

The Board also approved the name change to the Department of Nursing to the School of Nursing!

The College of Health Professions and Wellness will also be hosting a tailgate during the October 1st home football game. More information will be out shortly on registering for the event. We hope you will be able to join us!

I hope you enjoy reading about the College’s updates and celebrations. Remember, you are always welcome “home” to JSU.

Be well and Go Gamecocks!  
Tracey  
Dean, College of Health Professions and Wellness

### “Take A Seat” Campaign

Take a Seat! Add your name or honor your friends and family by purchasing a seat in the newly renovated nursing classrooms at Jacksonville State University. A chair can be purchased for \$250 and will include a plaque honoring your donation.

Why “Take a Seat”?

Naming a chair in the new nursing classrooms serves as a unique and personalized gift, for yourself, or to honor someone who loves JSU Nursing.

Text JSUHEALTH to 91999 or visit [Jacksonville State University \(mobilecause.com\)](https://www.jacksonvillestate.edu/mobilecause.com)



*Take a Seat*

A FUNDRAISER FOR THE  
COLLEGE OF HEALTH PROFESSIONS AND WELLNESS  
JACKSONVILLE STATE UNIVERSITY

## Dr. Windon Edge, CHPW Director of Collaborative Affairs Announces Retirement

The College of Health Professions and Wellness Director of Collaborative Affairs, Dr. Windon Edge, announces his retirement after 17 years at JSU. Dr. Edge has previously served at UAB, Emory University, and Palm Beach Gardens (FL) hospitals.

Dr. Edge has been a registered nurse for over 38 years working primarily in cardiac and thoracic surgical units.

“It has been a pleasure working in the educational sector of the healthcare industry over the last 17 years. It has provided me with an opportunity to work with many wonderful faculty, staff, and students” stated Dr. Edge. While attending several institutions throughout my education, JSU will always seem like home!



## Master's in Athletic Training Program Graduates First Cohort

The Master's in Athletic Training Program has graduated their first cohort of students. The Master's in Athletic Training Program started in the Fall Semester of 2020. In reflecting on this occasion, program director Dr. Chris Clark and clinical education coordinator Dr. Jennifer Savage stated, "We are so proud of their growth, dedication, and accomplishments related to their time in our program. Let us celebrate our students and their chosen professional healthcare journey in Athletic Training." The names of each of the new graduates are listed below:

**Amanda Brunner** - Amanda took her National Board of Certification Examination on August 1st and has accepted a position with ATI Physical Therapy at Oneonta High School in Oneonta, AL.

**Ben Truett** - Ben passed his National Board of Certification Examination on May 31st and has accepted a position with Atrium Health Floyd Medical Center at Cedartown High School in Cedartown, GA.

**Deandrea Stowe** - Deandrea took her National Board of Certification Examination on August 1st and is negotiating positions between Northeast Orthopedics and ATI Physical Therapy.

**Jacob Goss** - Jacob passed his National Board of Certification Examination on June 1st and has accepted a position with Northeast Orthopedics at Alexandria

High School in Alexandria, AL.

**Kaitlyn Neece** - Kaitlyn passed her National Board of Certification Examination on June 1st and has accepted a position with Anniston Orthopedics at White Plains High School in White Plains, AL.

**Luke Cody** - Luke passed his National Board of Certification Examination on June 1st and has accepted a position with Ochsner Health at McNeese State University in Lake Charles, LA.



## JSU Nursing Welcomes Seven New Faculty

This fall, the JSU School of Nursing welcomes seven new faculty to teach in undergraduate and graduate nursing courses. With nurses still in high demand, it is important to have a good team of nursing educators to teach soon-to-be nurses and to advance current nurses into leadership roles in the profession.

Welcome to JSU Nursing!

- Mrs. Hannah Diggs

- Dr. Cheryl Emich
- Dr. Jessica Lockhart
- Dr. Megan Moore
- Mrs. Merri Moore-Ouellette
- Mrs. Kristi Tisdale
- Mrs. Dorothy Whittington



## JSU Respiratory Therapy Director, Ed Goodwin, Nominated to Second Term on State Board

Ed Goodwin, Director of JSU Respiratory Therapy program, has been nominated for a second term on the Alabama Board of Respiratory Therapy. Mr. Goodwin was appointed to a first term in 2018 and currently serves as vice-president and president elect. The Alabama Society of Respiratory Care (ASRC) nominates candidates, and the Governor appoints who will serve. Upon reappointment, Mr. Goodwin will serve until 2026. Previously, Mr. Goodwin has served as the East Central District Representative, Vice President, President-Elect, and President.

The Alabama State Board of Respiratory Therapy is responsible for

licensing over three thousand respiratory therapists in the state and is charged with upholding the State Practice Act ensuring that patients in the state are protected. The Alabama Society of Respiratory Care, responsible for board nominations, is the state chapter for the American Association for Respiratory Care.

As noted by Mr. Goodwin, “Serving on these boards gives JSU RT a direct connection to RT’s throughout the state and at the national level. It provides us opportunities to remain current with the latest trends in the profession and allows us to bring this knowledge back to our students.”



## JSU Kinesiology Creates New Minors in E-Sports

2022 marks the 50th anniversary of the first recorded video game competition. Over the last 50 years, e-sports has grown into an international phenomenon and is projected to bring in \$1.79 billion in total revenue in 2022.

*“JSU students will get hands-on industry experience...”*

Due to the rapid growth in participation, viewership, and large scale events, the e-sports industry has likewise expanded and created many specialized jobs to fit the needs of its growing, international, fan base.



JSU is currently working to prepare students for new jobs in the e-sports industry by creating two new academic minors. Students can pick from two paths: one which focuses on game creation and the other which focuses on the business components of e-sport management. JSU students will get hands-on industry experience through classroom activities, networking events, and regional volunteer opportunities.



## Pickleball Brings Fun and Healthy Activity to JSU

It took a while to catch the eyes of many, but the racquet sport created one summer day fifty-six years ago, to combat boredom, is sweeping across the United States, Alabama, and Jacksonville State!!

Everywhere we look, pickleball spots are popping up and then filling up, which is great...except, there are not enough courts or places to play to accommodate the craze! Recreation centers, churches, etc. are feeling the pressure to add indoor and outdoor pickleball court lines to existing basketball and tennis courts. Players are also wanting more competition by traveling and playing in tournaments. Tournaments provide a great opportunity to play and compete against people who you typically don't see and provides opportunities to watch higher skilled players make new friends.

If you are not currently a crazed pickleball addict, you probably know someone who is. The game is easy to learn and far less physically

demanding than tennis, so if you're reasonably coordinated, you can be playing a competitive game after just a few short lessons.

Because pickleball is played on a smaller badminton-size court, this allows for more chatting among the players, so it's very easy to make new friends. The smaller court size is also beneficial to players who have trouble covering an entire half of a tennis court because of bad knees and other injuries and eliminates excessing running.

With so many reasons to play pickleball and few drawbacks, why not consider playing? Here are some ways go get involved:

- JSU Kinesiology Department created a Pickleball activity course, HPE112 for 1 hour credit, that was taught this summer by HPE instructor, Lori Cochran. This can be offered in Spring as well if interest is shown.

- JSURec has courts available in the large gym and in the MAC
- JSU Continuing Education is also offering two 4-week sessions of pickleball this Fall for CEU Credits, taught by Lori Cochran
- JSU Pickleball Club Sport has been approved to compete. We are currently recruiting players. This is open to anyone who is a current JSU student, any age, and dual enrollment. We will compete against other colleges and universities.

For play and competition in Calhoun County area, please contact and like our group, 256-PICKLEBALL on Facebook.

## Jacksonville State University

College of Health Professions and Wellness  
700 Pelham Road North  
Jacksonville, Alabama 36265

Phone: 256-782-5425  
Email: [shpw\\_info@jsu.edu](mailto:shpw_info@jsu.edu)



We're on the Web!  
[www.jsu.edu/health](http://www.jsu.edu/health)

Join us on the JSU Health Professions and Wellness Alumni LinkedIn page!  
Open to all alumni, friends, and supporters!

## JSU Kinesiology's Exercise Science Program Adds the Latest in Technology

The JSU Exercise Science program has recently upgraded equipment to provide the latest in technology for students. The new Horizon DXA (Dual energy X-ray) system is the leading DXA system currently available. It features the most comprehensive set of clinical assessments available in a DXA system. Additionally, there are numerous performance applications within athletic and fitness settings. The DXA is designed primarily to assess bone density, fracture risk, body fat percentage, and muscle mass.

A patient or student can typically complete a scan in about five minutes, and our DXA is outfitted with FDA cleared exams to assess bone. In addition to measures of bone density, accompanying software can predict bone health across the

lifespan of the individual being scanned. This demonstrates how bone density will change over time if the individual were to continue with the same lifestyle.

The DXA provides site-specific measures of body fat percentage and muscle mass. This is superior to other systems which can also provide accurate measure of body composition because the individual being scanned can see which parts of the body are storing fat. It can also estimate visceral adipose tissue. This is useful because the type of fat an individual has an influence on their risk for disease. Our system provides the highest resolution images of body composition that is commercially available.

